Health & Wellness Screening Packages for Males

It's important to remember that men also have unique health issues. Our package not only identifies problems but also predicts and prevents health issues before they occur, such as heart disease, metabolic diseases, and cancer. This allows us to recommend proactive solutions to help you maintain your health.

EXAMINATION / TEST	PATHWAY TO WELLNESS		VITALITY PROGRAM		LONGEVITY PROGRAM	TARGETED PROGRAM
	ESSENTIAL PACKAGE (P1)	EXCLUSIVE PACKAGE (P2)	ELITE WELLNESS PACKAGE (P3)	ELITE WELLNESS + VITALITY(P4)	HOLISTIC 70+ MALE (P5)	HEART SCREENING CT ANGIO (P6)
Approximate time to complete program	1.5 - 2 hours	2 - 3 hours	4 - 6 hours	4 - 6 hours	4 - 6 hours	4 - 6 hours
Wellness & Check-up Program						
PHYSICAL EXAMINATION & ASSESSMENT						
Comprehensive Medical History & Physical Examination	●	●	●	●	●	✔
Vital Sign: Height | Weight | Blood Pressure | BMI | Vision Test	●	●	●	●	●	✔
Body Composition Analyzer	●	●	●	●	●	
Eye Exam (Acuity and Tonometry and Retinal Examination by photo Fundoscopy)		●	●	●	●	
Audiometry: Hearing Test in an Acoustic Chamber	●	●	●	●	●	
Spirometry (Pulmonary Function)		●	●	●		
BLOOD TEST						
General Blood Test						
Hematological Studies (CBC)	●	●	●	●	●	✔
ABO-Rh Blood Grouping	●	●	●	●	●	
Diabetics Screening						
Fasting Blood Sugar	●	●	●	●	●	✔
Hb A1 C		●	●	●	●	
Lipid (Fats) Profile						
Cholesterol, Triglyceride, HDL and LDL Cholesterol	●	●	●	●	●	✔
Cholesterol/HDL ratio	●	●	●	●	●	✔
Lipo A | Lipo B	●	●	●	●	●	✔
Kidney Function Panel						
Creatinine	●	●	●	●	●	✔
Urea	●	●	●	●	●	✔
Cystatin C		●	●	●	●	✔
eGFR	●	●	●	●	●	✔
Liver Function Panel						
SGOT (AST) and SGPT (ALT)	●	●	●	●	●	✔
Alkaline Phosphatase (ALP)	●	●	●	●	●	
Total Bilirubin, Direct bilirubin, Indirect Bilirubin	●	●	●	●	●	
Total Protein, Albumin, Globulin	●	●	●	●	●	
Gamma GT (GGT)	●	●	●	●	●	
Pancreas Function						
Amylase	●	●	●	●	●	✔
Thyroid Function Panel						
TSH and Free T4		●	●	●	●	
Free T3		●	●	●	●	
Hepatitis Screening						
HBsAg and HBsAb	●	●	●	●		
Anti HCV		●	●	●		
Cancer Tumor Markers						
CEA for GI Cancer		●	●	●	●	
AFP for Liver Cancer		●	●	●	●	
PSA for Prostate Cancer		●	●	●	●	
Cyfra 21.1 for Lung Cancer			●	●		
Ca 19.9 for Pancreatic Cancer			●	●		
CA 72.4 for Gastric Cancer			●	●		
Electrolytes						
Sodium | Potassium | Chloride	●	●	●	●	●	
BONE HEALTH						
Uric acid	●	●	●	●	●	
Calcium		●	●	●	●	
Phosphate		●	●	●	●	
25-OH-Vitamin D3/D2			●	●	●	
Vitamin B12				●	●	
Full-body Bone Densitometry Scan			●	●	●	
VENEREAL DISEASE						
HIV screening		●	●	●		
Syphilis Antibody Screening | VDRL		●	●	●		
Chlamydia			●	●		
URINE & STOOL ANALYSIS						
Urine Examination	●	●	●	●	●	✔
Fecal Occult Blood (FOB)	●	●	●	●	●	
IMAGING INVESTIGATION						
Electrocardiogram (ECG)	●	●	●	●	●	✔
Chest X-Ray	●	●	●	●	●	✔
Ultrasound Whole Abdomen	●	●	●	●	●	
Ultrasound Thyroid			●	●		
ADVANCED TESTS FOR GASTRIC FUNCTION						
G.I PCR Panel (22 Pathogens)				Optional	Optional	
H. Pylori Breath Test			●	●	●	
Hydrogen Breath Test (Food Intolerance - SIBO - IBS)			●	●	●	
ADVANCED CARDIOVASCULAR ASSESSMENT						
C-Reactive Protein High Sensitive (CRPHS)		●	●	●		
Homocysteine			●	●		✔
Cardiac ECHO Ultrasound (Heart)			●	●		
Carotid Artery Ultrasound (Arteries)			●	●		
Ankle Brachial Index (ABI)					●	
Computed Tomography Angiography (CTA)				●	●	✔
MEDICAL REPORT	●	●	●	●	●	✔
Vitality Program						
HORMONE LEVEL						
Free Testosterone			●	●		
Estradiol (E2)				●		
Luteinizing Hormone (LH)				●		
FSH				●		
DHEA-S				●		
IGF-I				●		
Insulin				●		
Cortisol				●		
Prolactin				●		
PACKAGE PRICE	**VND 5,108,400 (# US$ 198)**	**VND 12,177,600 (# US$ 472)**	**VND 22,755,600 (# US$ 882)**	**VND 40,712,400 (# US$ 1,578)**	**VND 27,244,800 (# US$ 1,056)**	**VND 23,890,800 (# US$ 926)**