Health & Wellness Screening Packages for Females

Staying healthy has never been more important. Our personalized health & wellness screening packages provide comprehensive insights into your health.

EXAMINATION / TEST	PATHWAY TO WELLNESS		VITALITY PROGRAM		LONGEVITY PROGRAM
	ESSENTIAL PACKAGE (P1)	EXCLUSIVE PACKAGE (P2)	ELITE WELLNESS PACKAGE (P3)	ELITE WELLNESS + VITALITY(P4)	HOLISTIC 70+ FEMALE (P5)
Approximate time to complete program	1.5 - 2 hours	2 - 3 hours	4 - 6 hours	4 - 6 hours	4 - 6 hours
Wellness & Check-up Program					
PHYSICAL EXAMINATION & ASSESSMENT					
Comprehensive Medical History & Physical Examination	●	●	●	●	●
Vital Sign: Height | Weight | Blood Pressure | BMI | Vision Test	●	●	●	●	●
Body Composition Analyzer	●	●	●	●	●
Eye Exam (Acuity and Tonometry and Retinal Examination by photo Fundoscopy)		●	●	●	●
Audiometry: Hearing Test in an Acoustic Chamber	●	●	●	●	●
Spirometry (Pulmonary Function)		Optional	Optional	Optional	
BLOOD TEST					
General Blood Test					
Hematological Studies (CBC)	●	●	●	●	●
ABO-Rh Blood Grouping	●	●	●	●	
Diabetics Screening					
Fasting Blood Sugar	●	●	●	●	●
Hb A1 C		●	●	●	●
Lipid (Fats) Profile					
Cholesterol, Triglyceride, HDL and LDL Cholesterol	●	●	●	●	●
Cholesterol/HDL ratio	●	●	●	●	●
Lipo A | Lipo B	●	●	●	●	●
Kidney Function Panel					
Creatinine	●	●	●	●	●
Urea	●	●	●	●	●
Cystatin C		●	●	●	●
eGFR	●	●	●	●	●
Liver Function Panel					
SGOT (AST) and SGPT (ALT)	●	●	●	●	●
Alkaline Phosphatase (ALP)	●	●	●	●	●
Total Bilirubin, Direct bilirubin, Indirect Bilirubin	●	●	●	●	●
Total Protein, Albumin, Globulin	●	●	●	●	●
Gamma GT (GGT)	●	●	●	●	●
Pancreas Function					
Amylase	●	●	●	●	●
Thyroid Function Panel					
TSH and Free T4		●	●	●	●
Free T3		●	●	●	
Hepatitis Screening					
HBsAg and HBsAb	●	●	●	●	
Anti HCV		●	●	●	
Cancer Tumor Markers					
CEA for GI Cancer		●	●	●	●
AFP for Liver Cancer		●	●	●	●
CA 125 (Ovarian Cancer Marker)		●	●	●	
CA 15-3 (Breast Cancer Marker)		●	●	●	
Cyfra 21.1 (Lung Cancer marker)			●	●	
Ca 19.9 (Pancreatic Cancer marker)			●	●	
CA 72.4 (Gastric Cancer marker)			●	●	
Electrolytes					
Sodium | Potassium | Chloride	●	●	●	●	●
BONE HEALTH					
Uric acid	●	●	●	●	●
Calcium		●	●	●	●
Phosphate		●	●	●	●
25-OH-Vitamin D3/D2			●	●	●
Vitamin B12				●	●
Full-body Bone Densitometry Scan		●	●	●	●
URINE & STOOL ANALYSIS					
Urine Examination	●	●	●	●	●
Fecal Occult Blood (FOB)	●	●	●	●	●
IMAGING INVESTIGATION					
Electrocardiogram (ECG)	●	●	●	●	●
Chest X-Ray	●	●	●	●	●
Ultrasound Whole Abdomen	●	●	●	●	●
Ultrasound Thyroid			●	●	
GYNECOLOGY WELLNESS					
Gynecology Consultation and Pelvic Exam	●	●	●	●	
Cervical Cancer Screening	Pap Smear or HPV	Pap Smear or HPV	Pap Smear & HPV	Pap Smear & HPV	
Urogenital Pathogen PCR (14 Pathogens)			●	●	
Digital Mammogram (1) | Breast ultrasound (2)		(1) or (2)	(1) and (2)	(1) and (2)	(1) and (2)
ADVANCED TESTS FOR GASTRIC FUNCTION					
G.I PCR Panel (22 pathogens)				Optional	Optional
H. Pylori Breath Test			●	●	●
Hydrogen Breath Test (Food Intolerance - SIBO - IBS)			Optional	●	●
ADVANCED CARDIOVASCULAR ASSESSMENT					
C-Reactive Protein High Sensitive (CRPHS)		●	●	●	
Homocysteine			●	●	
Cardiac ECHO Ultrasound (Heart)			●	●	
Carotid Artery Ultrasound (Arteries)				●	
Ankle Brachial Index (ABI)					●
Computered Tomography Angiography (CTA) with additional Fee*				Optional	
MEDICAL REPORT	●	●	●	●	●
Vitality Program					
HORMONE LEVEL					
Estradiol (E2)			●	●	
Luteinizing Hormone (LH)			●	●	
FSH			●	●	
Progesterone			●	●	
DHEA-S				●	
IGF-I				●	
Insulin				●	
Cortisol				●	
Testosterone Total				●	
Prolactin				●	
PACKAGE PRICE	**VND 6,398,400 (# US$ 248)**	**VND 12,177,600 (# US$ 472)**	**VND 22,755,600 (# US$ 882)**	**VND 40,172,400 (# US$ 1,578)**	**VND 28,457,400 (# US$ 1,103)**

*Note: CTA shall be recommended on a case-by-case basis, and the additional fee will be quoted accordingly.